

(Btophnik, Cpejja, natahnu(a)

No	Kräccbi	Bpmma upnema nimni	1.
2.	1A, B, B, T	9.50 - 10.10	2.
3.	3A, B, B, T	10.50 - 11.10	3.
4.	2A, B, B, 4B;	11.50 - 12.10	4.
5.	5 - 11 (yrammecca mprotobix kateropinn) JETRI - NHABAJNIBI 1 - 4 krt.)	12.50 - 13.10	5.
6.	13.50 - 14.10 Bropob upnem nimni (y-h-ka c OBS, JETRI - NHABAJNIBI 5 - 11 krt.)		6.

(оне же япинк, настбепт)

Упражнения

1 Pafnuk nntahna yqamuxca MOY CMI №75

